

Welcome Attendees of the 2025 Forest Service Retiree Reunion!

We are delighted that you will be coming to our Big Sky state of Montana, to the Garden City of Missoula. We are proud of our Treasure State, especially since we are home of the beautiful National Museum of Forest Service History!

To make your stay here during the reunion as healthy and comfortable as possible we have enclosed some travel reminders.

MEDICATIONS:

1. If you are flying here, please be sure to pack your medication in a bag you carry on the plane with you, NOT in your checked-through baggage due to occasional flight changes, delays and cancellations.
2. If you are driving by car, be aware of medication storage temperatures. The car temperature can rise drastically making all medications ineffective that you are carrying with you. Carry them in a cooler or in a bag you take inside with you at every rest stop.

For your comfort bring any migraine, Tylenol, aspirin, tums, over the counter medication that you MIGHT take at home with you to make your stay pleasant without stress.

It is also a good idea to bring at least three to four days of extra medications with you just in case your stay is prolonged for some unseen possibility.

ALTITUDE:

1. Missoula is at an altitude of 3,209 feet. Some of the mountains around Missoula rise to 10,000 feet and some of the excursions may go above Missoula's altitude.
2. This is only of importance to you if you have known cardiac or lung health issues. You may want to consult your primary care physician to develop a plan of care for inhalers or oxygen requirements during your stay in Missoula.
3. If you do have oxygen needs while in Missoula NORCO will be able to supply exchange of oxygen tanks, CPAP supplies and other Oxygen needs **WITH a faxed order from your doctor**, which is an FDA requirement. Norco will deliver exchange tanks to the hotel for your convenience with your doctors orders on file. They are very close to the Hilton Garden Inn and have rental wheelchairs and other handicap equipment should the need arise upon your visit. That is available for purchase. Their contact information is:

NORCO 2850 Stockyard Rd Missoula, Mt 59808

Phone 406-728-6362 FAX number 406-549-2559

4. Higher altitude ... bring sunscreen for sure. We don't want to treat any crispy critters.

We do have our share of bug inhabitants so your favorite type of bug spray might be good too.

If you have special needs for bandages, surgical supplies or ostomy care during your visit, there is a store in Missoula that will be able to accommodate those needs. Their contact information is:

Harrington Surgical Supply

1503 S. Russell Street

Missoula, MT 59801

Phone 406-721-8468

We want everyone to have a safe and comfortable stay during the reunion.

There will be a SAFETY ROOM at the Hilton Garden Inn which will be open for any triage of minor health concerns. It will be staffed 8 AM-5PM daily.

Missoula has two very fine hospitals:

Providence St. Patricks

500 W. Broadway

406-543-7271

And

Community Medical Center

2827 Fort Missoula Rd.

406-728-4100

Both hospitals have triage for emergency needs 24 hours a day and NOW CARE type of triage as well.

If you prefer NOT to go to a hospital for your NOW CARE /URGENT CARE needs, there are several NOW CARE /URGENT CARE type of facilities in Missoula. Following are some of the locations:

Providence Urgent Care - Grant Creek

8 a.m. - 8 p.m., seven days a week. Last patients are registered 15 min. before closing hours.

406-327-1750

Fax: 406-327-1960

3075 N Reserve St, Suite Q

Missoula, MT

59808

Community First Care - Trempers Shopping Center

8 a.m. – 6 p.m. Monday - Friday, 9 a.m. – 5 p.m. Saturday - Sunday

406-493-3110

2307 Brooks Ave

Missoula, MT

59801

If you have any specific health concerns that you feel I might be able to help you with during your stay, please feel free to **contact me at:**

Colleen Purcell, RN, BSN, Safety Director

Clarksmom@icloud.com

Text message to: 406-240-1504

I will do my best to accommodate your needs.

WELCOME EVERYONE! Have a safe trip! See you soon!